**Enhance Your Retreat Experience with Spa Treatments by Hannah**

Indulge in a moment of pure relaxation and rejuvenation during your retreat. Take advantage of the ample free time in your schedule and treat yourself to a blissful spa experience with Hannah Lammiman, an international therapist with an impressive 30 years of expertise in the spa, beauty, and wellness industry in Dorset.

**Massage:**

Discover the power of pure relaxation. Choose from a selection of spa massage treatments designed to cater to your specific needs. Whether you're seeking to release tension, focus the mind, or simply find a moment of deep relaxation, Hannah's treatments have you covered. With optional high quality, pure CBD-infused massage oil, her massages offer a holistic approach to balance, promote relaxation, and manage stress.

* Full Body Massage 65 Minutes £65.00 (20% Off) £78
* Full Body Massage 75 Minutes £75.00 (20% Off) £90
* Full Body Massage 90 Minutes £90.00 (20% Off) £108
* Back Neck and Scalp Massage 55mins £55.00 (20% Off) £66
* Back Neck and Scalp Massage 40 min massage £40 (20% Off) £48
* Back Neck and Scalp Massage 30 mins massage £30 (20% Off) £36

​**Shamanic Stone Medicine Massage:**

* Complete Body Healing with Sound Healing 60mines- From £85.00 (20% Off) £102

**Healing Reiki Treatment:**

* Gentle Energy Healing to Melt Away Stress - From £40.00 (20% Off) £48

**Bespoke Experience:**

A two-hour experience created with the idea of completely losing time. Travel into a bewitching playlist with endless hands free massage, deep and soft kneading, woven in reflexology, energy healing and the sounds of live gongs. This is a powerful therapy that gets you to dive deep into the heart of your true self.

The session begins with a tea ritual, allowing you to talk over obstacles that may be holding you back in life. A full body massage will then commence using CBD oil and massage oils. Warming Frankincense will encourage your heart to open, whilst Hannah uses a holistic blend of reflexology, intuitive healing and energy therapy to guide your treatment. Gong healing and spoken word is used in the ceremony of the art of massage. A stunning facial massage treatment with crystals will be woven into this ritual, helping you to sleep and rest after the long massage session. £150 (20% Off) £180

Exclusive Retreat Discount: 20% Off Embrace the opportunity to experience these exceptional spa treatments with an exclusive 20% discount.

**Liaise directly with Hannah Lammiman** for bookings, timings, and payments **[WhatsApp 0756820070]**. Mention the "Great Unwind Retreat" to unlock your retreat-exclusive discount.

Elevate your retreat experience with the magic of spa treatments, carefully designed to harmonize with the essence of the Great Unwind retreat.